

Letter from President



The Executive Women International Leadership Conference and Annual Meeting, or better known as LCAM, is a great event that offers its members grand opportunities to gather, meet our colleagues and connect on the corporate level. This year from September 23 to 26, 2010, the annual meeting will be held in Kansas City, Missouri at the Marriott Downtown.

EWI of Honolulu plans to send two delegates plus one alternate delegate to represent our chapter and attend the leadership seminars and annual meeting. Having been to the LCAMs in New Orleans and Louisville, allowed me to have a basis of comparison. You should be happy to note that every conference was a great one for me! There were valuable and enjoyable times shared and many educational lessons learned along the way. The core value of EWI is “the people” and how they work together to make this annual event a wonderful one! Attendees also can make corporate connections in the mainland U.S. as well as Canada.

Please know that your proposed delegates, Shelley Okubo and myself, as well as Brenda Kanno, proposed alternate delegate, look forward to representing our chapter this year. We welcome all member representatives to join us if they are able to. There is an early bird sign up for a limited time. You will meet amazing professionals and be proud of what your corporate board does for our organization!

Warmest Aloha!

Sheri Tamayose

President
EWI of Honolulu 2009-2010

EWI® Mission and Vision

Mission

Executive Women International is an organization which brings together key individuals from diverse businesses for the purpose of promoting member firms, enhancing personal and professional development, and encouraging community involvement.

Vision

To Be the Leading Connection for Business Professionals.

CHAPTER BOARD

Sherilyn K. Tamayose, President
First Hawaiian Bank

Shelley Okubo, VP/President-elect
Aqua Hotels & Resorts

Zenaida Caraang, Secretary
Remington College

Lauralei Tanaka, Treasurer
HTH Corporation

Cora Kim, Sergeant-at-Arms
Hawaii Prince Hotel Waikiki

Naomi Amuro, Membership Director
Aloha United Way

JoAnn Shigeta, Program Director
Central Pacific Bank

Michelle Shihara
Communications & Marketing Director
Sheraton Hotels in Waikiki

Nohea Sgan, Ways & Means Director
City Mill Company, Ltd.

June Takekawa
EWISP Director-at-Large
Island Movers, Inc.

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Ho'ā

2010 ASIST SCHOLARSHIP AWARDS DINNER

WEDNESDAY, JULY 14, 2010
SHERATON WAIKIKI – NI'HAU ROOM
5:30 pm Registration • 6:00 pm Dinner
Cost \$45 Inclusive
Parking: \$8 Self • \$13 Valet

THIS YEAR'S ASIST JUDGES:

Dave Evans, Dean, Kapiolani Community College
Lenny Klompus, Sr. Advisor – Communications, Office of the Governor
Mary Beth Lohman, Publisher, Pacific Business News

Our Guest Speaker: **Lane Muraoka** of Big City Diner

M E N U

FIRST COURSE

JA farm baby greens, heart of palm, hamakua tomato, lilikoi vinaigrette

DUET ENTRÉE OPTION ONE

pomegranate and gingered beef
and
chili garlic glazed mahi mahi

five spiced aloun farms kabocha pumpkin puree, owen kaneshiro's baby bok choy

SWEET SOMETHING

silky chocolate and praline crunch bar, drunken berries

Please RSVP if not attending or if you are bringing a guest to Cora Kim by
NOON, Wednesday July 7 via email chkim@hiprince.com or phone 943-4147.

NOTE: A standing reservation is made for every representative

Mahalo from your 2010 ASIST Committee:

Mary Eichholtz, Debbie Hirasaki, Julie Loo, Adele Tasaka, Doreen Tavares, Edith Won

Honolulu Chapter Board Meeting Highlights

Wednesday, May 26, 2010
First Hawaiian Bank, 11th Floor Conference Room

President Sherilyn Tamayose called the board meeting to order at 5:34 p.m.

Approval of Minutes:

The minutes of the April 28, 2010 Board of Directors Meeting were approved as published.

Treasurer's Report:

As of April 2010, account balances (unaudited) were as follows:

General Operating Account:	\$60,382.64
B/C/DP Account:	\$40,150.22

Committee Reports:

ASIST

- Judging was held on May 22, 2010 at the Sheraton Waikiki Hotel.
- Lenny (Leonard) Klompus, ASIST judge, committed to donate an additional \$1,000 to the scholarship program.
- The International Women's Leadership Conference (IWLC) will be taking place on September 21, 2010 at the Sheraton Waikiki. Lenny has expressed interest in having the scholarship recipients attend the conference and assist in introducing guest speakers.
- Mary Eichholtz proposed that EWI of Honolulu encourage the purchase of 2 tables at the IWLC for scholarship recipients and member representatives to attend. Member firms to sponsor their representatives. Ticket prices for the IWLC are \$175 per person for a table of 10 and \$195 per individual table. This will be great exposure for EWI of Honolulu..

Communications and Marketing

- President Sherilyn Tamayose announced that articles for the July Connect are due on June 16th.

EWISP

- The following EWISP scholarships were awarded at the May 12th Awards Dinner: \$3,000 to Matthew Taira of Pearl City High School, \$2,000 to Kortney Pao of Waiialua High School, and \$1,000 to Scott Dona of Damien Memorial High.
- Total attendance at the EWISP Awards Dinner was 74, which included 19 guests.
- The committee will be sending out thank- you letters soon.

Membership

- Welcome to Tracy Wong, new member representative of member firm Insurance Solutions.
- The Membership Committee will be coordinating a new member orientation to be held around the third week of June.

Philanthropy

- The committee welcomed Wanda Sanchez, representative for new member firm Bank of Hawai'i.
- The committee will be asking for donations of school supplies at the July 14, 2010 dinner meeting. Donations to be given to the Princess Victoria Kaiulani Elementary School.
- This year's Reading Rally will be held on Saturday, October 30th from 11 a.m. to 12 p.m. at the Kahala Mall stage area. About 10-12 kids, ages 4-8 years, from Lee Donahue's Kick Start Program will be ushering and assisting with traffic.
- The committee discussed having a Halloween theme and having everyone dress in a costume.

Program

- August 11, 2010 membership meeting is tentatively set to take place at Oahu Country Club. The cost will be \$35 per person.
- September 8, 2010 membership meeting is tentatively set to take place at Honolulu Country Club. The cost will be \$35 per person.

Sergeant-at-Arms

- There were 25 member representatives, 5 guests, and 1 no show at the April 14, 2010 membership meeting held at the Honolulu Design Center – Cupuola Theatre.
- 62% Member representatives were in attendance compared to last year’s 59%.

Ways & Means

- The following commitments have been secured for the golf tournament: 2 Platinum Sponsors, 5 Gold Sponsors, and 14 Teams.
- Doreen Tavares has posted the EWI Golf Tournament on the Pacific Business News (PBN) website to draw some extra attention before August.

Announcements:

The next Membership meeting will be a business meeting scheduled for Wednesday, June 9, 2010, 5:30 p.m., at the Moana Surfrider, Lani Kai Room.

The next Board of Directors meeting will be held on Wednesday, June 30, 2010, 5:30 p.m., at the First Hawaiian Center, 11th floor Conference Room.

President Sherilyn Tamayose adjourned the board meeting at 7:16 p.m.



**CONGRATULATIONS,
INA CHANG,
ALOHA DATA SERVICES!**



Isabella Krupitsky
born June 4, 2010 at 6:47pm
weighing 9 lb 8.8 oz, 21.5 inches

Happy Birthday!

Edith Won	July 3
Dee Fujii	July 4
EthelJean Kam	July 6
Dawn Kaniaupio	July 7
Lois Asato	July 10

WE STILL NEED YOUR HELP!
August 27th is just around the corner!
We are still looking for Golfers...



Why Golf?

- Great prizes
- Free massage from the students at Remington College
- Awesome lunch and fabulous dinner buffet
- A competitive game of golf with your friends and co-workers
- A fun filled day with the women of EWI

We still have openings at all Sponsorship levels, for more information please call Nohea Sgan at 529-5801 or email her at nsiaris@citymill.com

JUNE 9, 2010 MEETING RECAP WESTIN MOANA SURFRIDER HOTEL

The June meeting was held on the beautiful beachfront property of the Westin Moana Surfrider Hotel. Toni Takata, Catering and Convention Services Manager arranged for us to be in the Lani Kai Room, which had breathtaking views of Waikiki beach.

Sheri Tamayose of First Hawaiian Bank, Chapter President, welcomed everyone to the meeting. Since we did not meet quorum, the Business Meeting, will be postponed to our next meeting on July 14 together with the ASIST program. Sheri introduced our guests: speaker, Mr. Robert Cravalho, new member representative/executive, Ms. Tracy Wong of member firm Insurance Solutions LLC and Ms. Brenda Chong, Catering and Convention Services Manager, who attended on behalf of the Westin as Toni Takata was not able to join us.

As the newest representative, Tracy Wong introduced herself and gave us a glimpse of her goals in the upcoming term – one of which is to increase our membership! Welcome Tracy!

Shelley Okubo shared a very heart-felt Thought of the Day – the overall message is that life is too short so please cherish those around you. We all have 5 minutes in our day to tell our loved ones a simple ‘I love you’ or a dear friend ‘you are a great’. Let’s all start by taking 5 minutes of our day, today!

The 3-course dinner provided by the Westin was truly scrumptious! It consisted of Waimanalo Field Greens, Breast of Chicken with Apricot Tomato Chutney and a Dessert Trio of Mango Sampler.

After dinner, Sheri Tamayose invited Brenda Chong, to speak about the property. She enlightened us with a bit of history and how the Westin brand further placed them on the map with all the updated renovations. Brenda also mentioned there is a FREE Fitness First Sunday series that started on June 6th where you can learn Yoga on their beautiful lanai overlooking the ocean – how tranquil!

Mary Ann Sullivan, then introduced our guest speaker, Robert Cravalho of Toastmasters. He is a full time HPD Lieutenant and participates in Toastmasters meetings twice a month. Robert was a very engaging speaker who incorporated lots of stories and humor so we could relate to him. He credits his ability to communicate so effectively to Toastmasters. Practice is KEY to it all and when it comes to communication, it’s not an option because we communicate everyday to everyone!

What is Toastmasters? Here are some highlights:

- It’s a positive place where you can practice public speaking and build self-confidence.
- There are over 20 chapters on the Island for anyone who is interested in participating for a nominal membership fee of \$29 for 6 months.
- Each chapter meeting is an hour of your day twice a month. It is during this hour where one practices a prepared speech or an impromptu one.
- There is no right or wrong way of speaking; you can only improve by the evaluations and critiques given to you at the end of your speech.
- They teach you the importance of NOT using too many ‘crutch’ words such as “Uhm, And, So, Ah...etc.”
- You will learn to improve your communication, leadership, and active listening skills; and have the opportunity to network with other professionals.
- To learn more about Toastmasters or to find one nearest you please visit <http://www.toastmasters.org/> or <http://district49.org/>

Lt. Carvalho ended with a quote from Ray Kroc, “When you are green, you are growing. When you are ripe, you rot.” It is good for us to stay green and be life long learners, for this is when we push ourselves to grow!



Sheri Tamayose, Mary Ann Sullivan, Valerie Tanaka, Lt. Carvalho, Patti Furtado, Shelley Okubo

MEMBERSHIP COMMITTEE UPDATE

Your membership committee is working diligently to recruit additional member firms and on retaining the member firms we have. Welcome to new representative, Tracy Wong, who will be the second representative and executive from Insurance Solutions.

Remember that if you have any contacts that you think might be interested in joining EWI Honolulu, please let your membership committee know.

Your membership committee realizes that our job is as much about recruiting as it is about retention of our member firms. We realize that EWI Honolulu must provide more value-added activities and opportunities and remain relevant to our reps and member firms. If you have a suggestion about a particular subject, speaker, or activity for one of our meetings, please take the time to let your program or membership committee know. You may also send suggestions to the Board.

The membership, program, and philanthropy committees are working on an exciting jointly planned September meeting. Stay tuned for more details! Together, we can make EWI Honolulu a more dynamic organization.

Ho'okahi ka ilau like ana! (Wield the paddles together; work together)



Tracy Wong

DID YOU KNOW? We asked these board members:

How long have you been a EWI rep for your firm and what is your most favorite EWI moment?

Shelley Okubo, Aqua Hotels & Resorts®



"I have been a rep since I joined Aqua Hotels & Resorts last September; however, I initially joined EWI back in 1994. Each time I've changed firms I've been blessed to be able to join EWI and I love it! I've grown so much personally and professionally being a part of EWI."

"One moment that stands out for me is attending LCAM when it was here in Honolulu in 1994. I had just joined EWI and because the conference was here and our Chapter was the host, we each were assigned committees to plan all the functions. It was a lot of work but so rewarding. Our members were uniformly dressed in teal colored suits, a beautiful EWI rainbow pin, and we even danced the hula for the opening dinner. It was magical and a great way to learn what EWI was all about. Brenda Kanno was our national President and it was great to have our President from our Chapter represent us at the national convention. Ruth Young was the Chapter President at that time."

Cora Kim, Hawaii Prince Hotel Waikiki

"I've been a EWI rep for the hotel for one year."

"My favorite EWI moments are listening to the bios at the EWISP and ASIST dinners. They are such inspiring stories, full of hope and amazing futures for both the students and the adults."



Sheri Tamayose, First Hawaiian Bank



"I've been a EWI member since 2001."

"My most favorite EWI moment was a Maui trip that included an EWI luncheon at the Sheraton Hotel and tour. Having some of our past presidents of the Honolulu Chapter serve as our guest speakers of the day, flying on "Aloha Airlines" (former EWI member firm) and being treated first class all the way via motor coach on island as well as given leis by the Sheraton Hotel upon our arrival. Everyone had a "grand time"...especially having seen the whales jumping in the ocean! What a wonderful experience!"

Valerie Tanaka, Outrigger Enterprise Group

"I was an EWI rep from Title Guaranty Escrow from 1992- 2000 and then rejoined under Outrigger Hotels & Resorts (I became the replacement rep for Phoebe Beach, Sales & Marketing) in 2004 to present, so a total of 14 years."

"My most memorable EWI moment was attending the 1994 LCAM here in Honolulu when Brenda Kanno was Corporate EWI President and the Honolulu Chapter ladies worked so hard to put the conference together. I remember teal jackets and hula lessons (that were hard!!) At the opening evening, Taiko drums started the program and then we danced to Bruddah Iz's "Somewhere Over the Rainbow" -- about 16 of us? I remember that we got scolding from the Kumu Hula who said we weren't dedicated or concentrated enough that she was going to walk out and leave us on our own. And instead of 2 hulas, we managed to learn just one. Chapter President Ruth Young welcomed everyone (about 800 attendees?) and then Gov. Waihee spoke. I recall uniformed Kamehameha ROTC young men who walked the elegantly dressed chapter presidents out for the last dinner. I was a new EWI rep - indoctrinated quickly as LCAM required "all hands on deck" to be present and accounted for! The old timer EWI'ers still recall this outstanding LCAM held in beautiful Waikiki at the Waikiki Sheraton hotel. What an experience - and a lifelong memory that still ties me to past EWI members: Suzanne Yamada (then Castle & Cooke), Cynthia Rodriguez (Hawaii Prince Hotel), Barbara Domingo (Architects of Hawaii), and Karen Nakagawa (Title Guaranty of Hawaii), to name a few. It was definitely a WOW experience!!"



Continued on page 9

April Tengan, Hawaii Medical Service Association (HMSA)

“I joined in April of 2006. HMSA has been a member since 1978.”

“My most memorable EWI moment was Golf Tournament Day - sorting prizes, helping with the details, etc.; seeing everyone’s hard work fall in place for such a good cause.”



Back to School Supplies Needed

The Philanthropy Committee is asking for donations of school supplies for the students at Princess Victoria Kaiulani Elementary School as they head back to school.

Please bring your donations to the membership meeting on **July 14th**
Collection boxes will be available at our ASIST membership meeting site.

Here is a list of suggested school supplies

- | | |
|-------------------------------------|---|
| Backpacks Grades K and 2 | Permanent markers (Black-fine) |
| 3-Ring Binders (1 1/2") | Portfolios-soft (2 pocket, 3 prongs) |
| Index dividers (for 3 ring binders) | Portfolio-soft (2 pocket) |
| Crayons (24 count) | Ruler (12 inch) |
| Eraser Heads (for pencils) | School Box (small for K & 1) |
| Erasers | Scissors-6 inch |
| Facial Tissue (Box) | Tablets-composition with lines(wide rule) |
| Glue-White (4 oz.) | Wipes-Lysol Disinfecting (canister) |
| Highlighters (yellow,green,pink) | Zip Lock Bag (quart and gallon size) |
| Paper towels (Roll) | Brown paper bag-Large size |
| Pencils #2 | |

Please email April Tengan if you have any questions at: april_tengan@hmsa.com

KAI MARKET

This is a “gem” of a restaurant located in the newly renovated Sheraton Waikiki Hotel. Sheraton has managed to turn this restaurant into a wonderful place to dine with an excellent buffet menu selection which changes on certain days from seafood to paniolo (meats barbecued on site), lamb, prime rib and fish. The atmosphere buzzes with friendly staff to serve you, people to watch, and hula and fire knife dancing entertainment at dinner time. You can also witness the catamaran launching right off the beach, enjoy the fresh water pool and ocean activity from your dinner table as well as a beautiful sunset!

At our May EWISP awards dinner meeting, member firm Sheraton Waikiki Hotel treated all of the guests to a complimentary dinner for two at the buffet of their choice at Kai Market. It is with much gratitude that I say “thank you” and “Mahalo nui loa” to Sheraton’s general manager, Mr. Kelly Sanders and hotel manager, Ms. Roseann Grippio for this gracious gift. I was able to partake in the Saturday seafood buffet dinner and I can honestly say that it was the “best” meal I’ve ever eaten! Congratulations to the Sheraton for creating an array of delicious dishes and using locally grown vegetables and ingredients to support our island’s economy! It was truly an outstanding place to be!

For those who are still hanging on to their dinner gift letters, please be sure to try the Kai Market experience before the 6 month expiration date. You will be glad you did! I’ve already put in a good word to my friends, family and colleagues to try it out!

Warmest Aloha!

Sheri Tamayose

President

EWI of Honolulu 2009-2010

